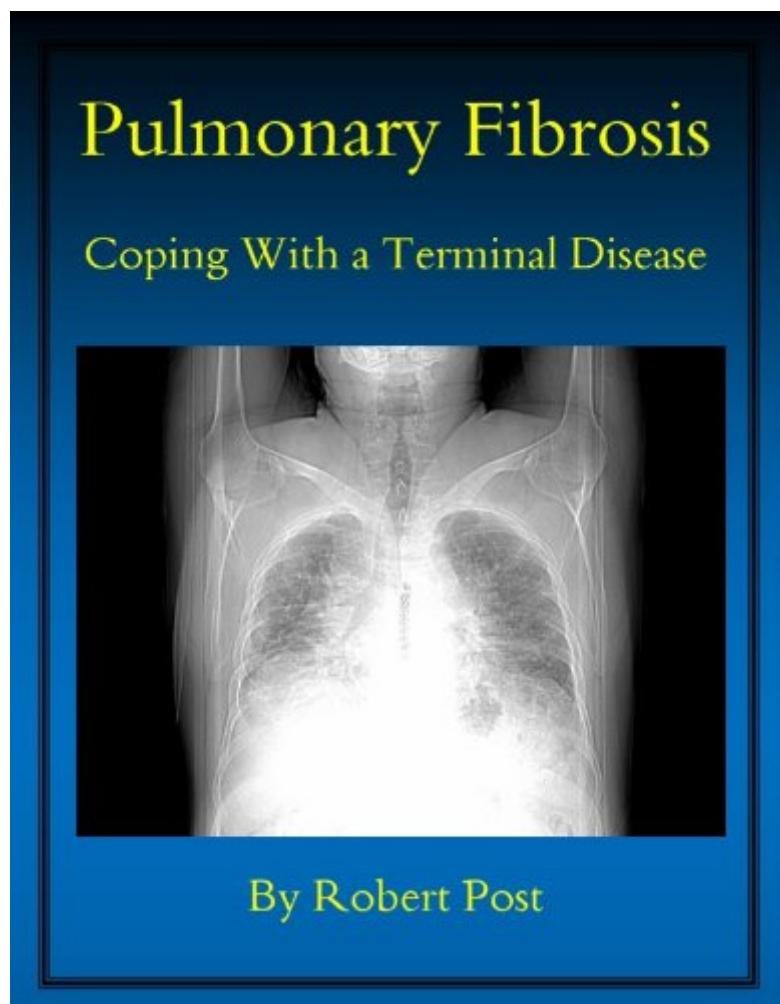


The book was found

Pulmonary Fibrosis: Coping With A Terminal Disease



Synopsis

Pulmonary Fibrosis: Coping With a Terminal Disease by Robert PostWhat do you do when you learn you have Pulmonary Fibrosis, a terminal disease for which there is presently no cure? The author relates his personal experience and explains how he has learned to cope with the disease, products and methods he uses for maintaining health and combating progression of the disease and explains how you can, too.A linked resources section gives advice on finding and using support groups and Pulmonary Rehabilitation programs. Products and sources are identified that the author has found to be beneficial or vital for health maintenance. This publication contains frank material that some may find disturbing to read but the author feels the patient and their caregiver must address these issues eventually. The author also feels that being proactive in your care and treatment has multiple benefits including a better quality of life and lifestyle.This publication is 6,735 words in length. Cover illustration is taken from one of the author's actual CT Scan films.Free periodic updates will be offered as new information becomes available.

Book Information

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Customer Reviews

I wish that I had found this book a couple of years ago, when they started trying to diagnose me. They finally decided, after I ended up in the hospital for the first time this year, that I have pulmonary fibrosis. After being told that I have a year left, or if I'm lucky, two or three.....

I appreciate the matter of fact and honest approach. I look forward to checking into the resources provided. Would love to have an update on how the author is doing and what other changes were made in his life, like did he continue to work, any changes needed to his family environment and routine (beyond eating better and exercise). Quick and easy read, thank you!

My brother was recently diagnosed with Ipd and I thought this short book contained lots of practical information as well as a good perspective

I didn't learn a great deal about PF, but in all fairness I already knew a lot about the disease. I was looking for more insight on coping, but I'm afraid I'm already coping as well as I can.

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